O2 newsletter

April, May, June & July - 1995

OUT&Out- An Outdoor and Recreation Group for Edmonton's Gays, Lesbians & Bisexuals, and their friends.

WELCOME to Edmonton's newest queer-positive club!! This is our debut newsletter and we look forward to an awesome summer of amazing activities! We had our first meeting on March 22 with a turnout of over 30 enthusiastic people.

O2's Mission

To provide a variety of opportunities for people of all sexual orientations to enjoy outdoor and recreational activities together in the hopes of building a stronger community.

HOW O2 WORKS:

O2 is a member run group in which club members volunteer to organize activities for their fellow members to participate in and enjoy. All activities are self funded and many are free. Our yearly membership fee is $5 per calendar year to cover the costs of publishing and mailing out the newsletters. Call Jeff or Darren to subscribe

PHONE HOTLINE COMING SOON!

Soon you'll be able to call a 24 hour number for updated information on events AND you can call to double check if an event has been canceled due to questionable weather.

O2 's e-mail addresses

dbates@gpu.srv.ualberta.ca

rsims@gpu.srv.ualberta.ca

EQUIPMENT RENTALS
(For almost anything)

U of A Outdoor Centre 492-2767
For other rental sources "let your fingers do the walking".

MARK BALL'S RATING SYSTEM FOR ACTIVITY DIFFICULTY

1 BALL - Easy / Beginner
"With my eyes closed!"

2 BALLS - Intermediate
"OK, why not?"

3 BALLS - Challenging
"I'm man enough....I think!"

4 BALLS - Advanced / Expert
"Are you out of your F------ mind!!?"

REMINDERS

1. If you decide NOT to go to an event, be sure to call the Event Contact person A.S.A.P.!
2. Show up early at the meeting place and be prepared to leave for the event at the scheduled time.
3. Register and pay early for events - many have a maximum capacity.
3. When car pooling always offer to share fuel costs.
4. Please do your part when set up/clean up is required.
5. Trip leaders / event coordinators are volunteers and they are the heart and soul of O2 - please treat them with the utmost respect and courtesy.

NEXT NEWSLETTER:

** Will feature Activities for **JULY, AUGUST, & SEPTEMBER**.
** SUBMISSION DEADLINE for activities to be listed in our next newsletter: MAY 31 - call Jeff.
** For $5.00 / Calendar year we'll mail an O^2 Newsletter to your home - just call Jeff.
If you don't want it mailed to you, call Jeff to find out where you can pick one up.

NEXT O^2 PLANNING MEETING: WED., MAY 31

CALL STEERING COMMITTEE FOR TIME & PLACE

BRING YOUR ACTIVITY SUBMISSIONS FOR JULY, AUG., & SEPT.

Possible Upcoming Events for Next Newsletter

Depends On You!

Just Ask Me How

- camping at Lesser Slave Lake
- camping and biking at Kananaskis
- biking the Golden Triangle
- cycle trip Jasper - Banff
- canoe trip 1 day N. Saskatchewan
- bike and Barbie bbq at Rundle Park
- playing in the Pembina River
- spelunking at Cadomin
- mountain biking at Blackfoot/Waskehegan
- hiking at Elk Island Park
- playing at the beach
- watersliding at Sylvan Lake or Winterburn
- summer ice skating at WEM
- sewing with Gil
- river valley walk
- cycle the river valley
- visit the Strathcona Science Park
- whitewater rafting
- skydiving
- baseball
- skydiving
- etc,etc,etc.

Sound interesting? Call us if you would like to lead one of these events

Operators are standing bi to take your call

Just for the fun of it

HOW TO VOLUNTEER:

O^2 depends on its members to organize our amazing events. If you would like to facilitate an event please contact the Steering Committee to find out how little effort it requires.

☺ ☺ ☺

CONTACT NUMBERS: STEERING COMMITTEE

Jeff Goth	439-9803
Darren Bates	489-1339
Rick Sims	466-6573
Mikey McNalley	437-5966
Len S	426-3973

UPCOMING EVENTS

Pride Week - there are a variety of events planned - call GLLCCE (488 - 3234) for a complete listing.
Great Alberta Campout 1995 - Friday, Sept.1 to Monday Sept.4 - Located near Red Deer, this Campout is a blast! You must Pre-register before July 1,1995; be sure to register early! Call Jeff or Darren for a registration brochure.
Gay Rodeo - July long weekend Call GLCCE (488 - 3234) for details on the largest Gay event in Alberta.

OOPS We apologize for any errors or omissions in the publishing of this newsletter - call us and let us know where we messed up - and when we can drop off the information for the next newsletter (ha, ha)!

April 1995

S	M	T	W	T	F	S
						1
2 Frontrunners	3	4	5	6	7	8
9 Frontrunners	10	11	12	13	14	15
16 Frontrunners	17	18	19	20 Movie Nite: "Valentine's Day"	21	22
23 Frontrunners	24	25	26 Billiards Night	27 Movie Nite: "The Sum of Us"	28	29 EVM Concert: "Alberta Sings Out"
30 Frontrunners EVM Brunch Liatris #1						

May 1995

S	M	T	W	T	F	S
	1 Rollerblading	2	3 Movie Nite: "Strawberry & Chocolate"	4	5	6
7 Frontrunners	8	9	10	11	12	13 Liatris #2
14 Frontrunners	15 Rollerblading	16	17 Movie Nite: "Eclipse"	18	19 Jasper Camping >>>> Liatris Camping	20 >>>>>>>>>>>> >>>>>>>>>>>>
21 Frontrunners >>>>>>>>>>>> >>>>>>>>>>>>	22 >>>>>>>>>>>> >>>>>>>>>>>>	23	24	25	26	27 Cycling & Treasure Hunt
28 Frontrunners	29 Rollerblading	30	31 O2 Planning Meeting: bring submissions!			

June 1995

S	M	T	W	T	F	S
				1	2	3 Liatris #4
4 Frontrunners Beach Volleyball	5	6	7 Mountain Biking	8	9	10 Canoe Trip
11 Frontrunners	12 Rollerblading	13	14	15	16 PRIDE WEEK June 16-24	17 Womonspace Dance
18 Frontrunners	19	20	21 Liatris #5	22	23	24 March & Rally EVM Concert
25 Frontrunners	26 Rollerblading	27	28	29	30	

July 1995

S	M	T	W	T	F	S
						1 Gay Rodeo
2 Frontrunners	3	4	5	6 Liatris #7	7	8 Bakery Bike Tour
9 Frontrunners	10 Rollerblading	11	12	13	14	15 Orienteering
16 Frontrunners Beach Volleyball	17	18	19 Orienteering	20	21	22 Orienteering
23 Frontrunners	24 Rollerblading	25	26	27	28	29
30 Frontrunners "Family" Picnic	31					

BOOK LOVERS

This would be a great place for
YOU
to get involved!
(YES, YOU SWEETIE!)

CYCLING MOUNTAIN BIKING

CYCLING - TREASURE HUNT

Saturday, May 27, 1 - 4 pm

Have you ever felt like Peter Pan or Tinkerbell? No? Well, here's your chance to! Grab your bags of fairy dust (and your bike and bike helmet) and fly with us to NEVER AGAIN LAND where we'll be looking for Lady Di's lost tiara and other gorgeous little baubles.
CONTACT : Mikey - 437 -5966
COST : free
DEADLINE : May 20
RATING : Fun, fun fun!

OFF-ROAD MOUNTAIN BIKING WITH DARREN

Wednesday, June 7, 6:30 pm

Do you feel a little adventurous? Why don't you meet Darren for some mid-week excitement? Meet at Emily Murphy Park and then mountain bike both on and off road to Terwillegar. The return trip should take between 2 to 3 hours. Don't forget your helmet and maybe a bike light if you will be riding home afterwards (as opposed to taking an ambulance to the hospital!).
CONTACT : Darren - 489 - 1339
RATING : 3 Balls

CYCLING MOUNTAIN BIKING

BAKERY BIKE TOUR

Saturday, July 8, 1:00 - 4:30 pm

Put extra air in those bike tires because after visiting a number of local bakeries, and sampling their wares, you might need something to help keep you afloat! Meet other O^{2}ers at Gazebo Park in Old Strathcona. From there, we will begin a cycle tour of various bakeries throughout the city. Don't forget your helmet and your Visa or various bills in large denominations. This will be a relatively easy ride with only a couple of significant hills.
CONTACT : Gil - 465 - 1068
Darren - 489 - 1339
COST : what you eat
RATING : All levels

CAMPING

MAY LONG WEEKEND CAMPING IN JASPER

Friday, May 19 - Monday, May 22

Join us in Jasper for a great weekend!! You supply your own ride, equipment and food... Ron & Darcy will help organize car pooling and equipment.

WOWSA WEEKEND SCHEDULE
(Everything is optional, of course!)

Friday, May 19

Group departure at 5:30 pm.
Welcome Weiner Roast at 9:30 pm.

Saturday, May 20

Group Activities to choose from:
1. Pyramid Mountain hike
- 6 to 8 hours which includes a picnic at the top and an awesome 360° view!
Rating:4 Balls

2. Horse back riding
- $60 / 5 hrs, $30 / 2 hrs

3. Maligne Canyon hike and picnic - an amazing 3 - 5 hr. hike.
Rating:1-2 Balls

CAMPING

POTLUCK SUPPER at 7:00 pm - bring a dish to share (let's be creative)
BONFIRE and Tall Tales/Ghost stories to follow supper

Sunday, May 21

Group Activities to choose from:
1. Gondola ride and hike
- $10 / person Rating:1 Ball
2. Canoeing
- $7 - 10/ hr., Rating:2 Balls
3. Group Hike- location depends on snow conditions Rating:3 Balls

Campsite Information
- campsite very close to Jasper
- tents only; $2 / person / night (pay Ron or Darcy BEFORE MAY 7)
- PARKING IS LIMITED - please car pool or plan to park far from the site.
- 2 shared kitchen shelters; lots of fire pits and tables.
- 2 washrooms with running cold water
- 20 min. walk to coin operated showers.
- pets on leash allowed
- food lockers; must buy firewood
- noise restricted sites
- National Park fee: $8 / day / car
- bring: ball gloves, game equipment, lawn chairs, etc.
CONTACT : Ron 488 - 8644
Darcy 482 - 7421
RATING : All levels
CAPACITY: 30 people
REGISTRATION DEADLINE: May 7
Pay Ron or Darcy ($2/person/night) and receive directions, departure location, campers checklist and more details.

CRAFTS

This would be a great place for
YOU
to get involved!
(YES, YOU SWEETIE!)

DANCING / DANCES

PRIDE WEEK DANCE
at Bonnie Doon Hall
Sponsored by Womonspace and G.L.C.C.E.

Saturday, June 17

It's PRIDE WEEK, hence a Pride Dance. Girls, grab your girls and get on down!

CONTACT :G.L.C.C.E. - 488 - 3234
Womonspace - 437 - 5966
RATING : All levels

FOOD

This would be a great place for
YOU
to get involved!
(YES, YOU SWEETIE!)

GAMES

RON'S AND DON'S BEACH VOLLEYBALL PARTIES

Sunday, June 4, 2 - 5 pm
Sunday, July 16, 2 - -5 pm

A bunch of us got together last year and had a ball (no pun intended). For those of you who are beginners don't worry the sand makes it challenging for all. Come on out and have some fun in the sun.

CONTACT : Ron - 488 - 8644
Donovan - 488 - 1493
COST :$3 / person
CAPACITY : 45 people
DEADLINE : 1 week prior
RATING : All levels

GAMES

BILLIARDS NIGHT

Wednesday, April 26

Billiards is a fun and challenging game that is making a huge comeback. Come on down and discover why everyone is having so much fun playing with cues, pockets, and balls.

CONTACT : Mikey - 437 - 5966
COST : Dependent upon turnout
CAPACITY : 30 people
DEADLINE : April 20
RATING : All levels

GARDENING

LIATRIS #1 PRAIRIE CROCUSES AT THE REDWATER SANDHILLS

Sunday, April 30, 9:00 am sharp

The Redwater Sandhills, 2 km north of Opal, Alberta, has been nominated as a Provincial Ecological Reserve due to the existence of three rare native plants here. Join Liatris Society as they wander around this pine dominated area. Enjoy a picnic lunch at the site. Vehicles with low clearance may have to park at the County road and travellers will need to walk in. Meet at 10936 - 81 St at 9 am to receive a map to the site.

CONTACT : Richard - 454 - 2480
RATING : All levels

LIATRIS #2 PERENNIAL/SEED EXCHANGE AND POTLUCK

Saturday, May 13, 6:00 pm

Spring is the ideal time to divide perennial and house plants which have outgrown their space, and to transplant the seedlings that spring up around clumps of established perennials. Gardeners who start tomatoes and other annuals indoors may end up with too many plants from one pack of seeds. Share your wealth with your Liatris friends at the plant/seed exchange at 14635 - 92 A Ave. Our plant exchange will not be set up as a one for one trade, just bring along any extra plants that you would like to give away when you come for our potluck supper. Label your plants if possible. If your garden is new or non-existent, come with some food for supper and go home with some plants. Weather permitting, there will be a fire outside afterwards. please bring your own refreshments as well as food to share.

CONTACT : Art - 484 - 3139
RATING : All levels

GARDENING

LIATRIS #3 LONG WEEKEND AT SIR WINSTON CHURCHILL PROVINCIAL PARK

Friday, May 19- Monday May 22

Sir Winston Churchill Provincial Park is located near Lac La Biche. Lac La Biche has a population of 2500 and is located 2.5 hours northeast of Edmonton. Accommodations are at the Lac La Biche Inn (623 - 4427) or the Parkland Motel (623 - 4424). Activities include group walks to view the flora and fauna of the area, fishing on the lake or the shores of the Owl River (located 30 minutes northeast of Lac La Biche) or golfing at the Lac La Biche Golf & Country Club (623 - 4288).

CONTACT : Mark - 486 - 1503
RATING : All levels

GARDENING

LIATRIS #4 KURIMOTO JAPANESE GARDENS AT DEVONIAN BOTANIC GARDENS

Saturday, June 3, 10 am

The Kurimoto Japanese Gardens is one of only a few Japanese gardens established in northern latitudes. Meet at the main entrance to the Devonian botanic gardens at 10 am and join Liatris for a guided one hour tour. Plan to bring a picnic lunch in order to extend your visit and enjoy the rest of the gardens.The Devonian Botanic Gardens is a fifteen minute drive from southwest Edmonton. It is located 14 km south of Highway 16 (west) on Highway 60. Alternate routes in Whitemud Freeway and Garden Valley Road can be taken.
CONTACT : Lindy - 483 - 4080
COST : $5 / person
RATING : All levels

LIATRIS #5 DEVONIAN BOTANIC GARDENS

Wednesday, June 21, 6 pm

This is an official PRIDE WEEK EVENT. Meet at the Devonian Botanic Gardens at 6:00 pm. Contact Wayne for costs and other details.
CONTACT : Wayne - 454 - 3482
RATING : All levels

GARDENING

LIATRIS #6 PARKLAND PERENNIALS TOUR

Mid June

View early flowering Lilies on this tour.
CONTACT : Wayne - 454 - 3482
RATING : All levels

LIATRIS #7 WAGNER NATURAL AREA WALK

Tuesday, July 6, 6 pm

Call Richard for info on the Wagner Bog and the walk planned there.
CONTACT : Richard - 454 - 2480
RATING : All levels

LIATRIS #8 PARKLAND PERENNIALS TOUR

Mid July

View Asiatic Lilies in bloom on this tour.
CONTACT : Brent - 497 - 7059
RATING : All levels

HIKING

This would be a great place for
YOU
to get involved!
(YES, YOU SWEETIE!)

JUST FOR FUN

RON'S AND DON'S "WE ARE FAMILY" PICNIC

Sunday, July 30, 2:00 pm

Are you ready for a nice, relaxing, easygoing Sunday? Well tough! Grab your favourite summer pumps and all your best toys because this ain't no "sittin' on your front porch sippin' mint juleps" kinda Sunday. we've got potato sack races, volleyball, drag races (don't ask) and lots more to keep you occupied. See you there girls/boys/whatever!
CONTACT : Donovan - 488 - 1493
Ron - 488 - 8644
COST : Whatever you want to eat and drink
RATING : All levels

SPORTS

ROLLERBLADE WITH JOE

-biweekly Monday starting May 1 (see calendar)

What a better way to feel like you're floating on clouds than on rollerblades (but make sure that you're wearing the proper equipment because some of those clouds are not as soft as they look!) Everyone is welcome. Come on down and spin your wheels.
CONTACT : Joe - 474 7514
RATING : All levels

Womyn's Touch Football League

Contact Roz for information on the Womyn's Touch Football League
CONTACT : Roz - 468 - 2579
RATING : All abilities, all ages
COST: $50 / season

SPORTS

EDMONTON FRONTRUNNERS

Sundays, 9:00 am sharp

Start your Sundays with a run. We meet each Sunday morning in the Van Vliet Centre outside the locker rooms.The run through the river valley trails varies in length based on the desires of the members. Following we take the time to stretch and beautify before heading to GRABBAJABBA (between 10:30 & 11:00) at Newton Place for socializing.

NOTE : if Sunday mornings at 9 is too early, you might be interested in establishing an alternate running time and being committed to meeting then, please contact us.

CONTACT : Jeff - 439 - 9803
Darren - 489 - 1339

RATING : All levels

CANOE WITH RuPAUL

Saturday, June 10

Spend a sunny Saturday on Coal Lake, near Millet, 40 minutes south of Edmonton, with other like minded water enthusiasts! Bring your canoe out and enjoy! Canoes are available for rental through Campus Outdoor Centre.

CONTACT : Paul - 433 - 7212

RATING : All levels

ORIENTEERING

JULY 15 - 17 Smokey Lake
JULY 19 Big Valley
JULY 22 - 23 Canmore

Now, we know you would never get lost shopping , but in the wildness, it's a little different. Call Rick for information on the Canadian Orienteering Festival.

CONTACT : Rick - 433 - 7212

COST: $10 / day / group

RATING : All levels

THEATRE / MUSIC

PRINCESS MOVIE NITES

Enjoy a night out with other Out and Outers at the Princess Theatre (10337 - 82 Ave..). The following four movies have been chosen because in one way or another, they all touch on our unique and common bond. We'll meet in the lobby 20 minutes before show time, or, if you're late, look for us in the balcony. Afterwards, we'll play Siskel and Ebert over coffee at Cafe La Gare (8104 103 St) and critique the movie or discuss anything else that comes up.

Thursday, April 20, 7;00 pm
"VALENTINES DAY" - 1994

This movie is a dark comedy/drama about 2 women caring for each other in a nightmarish, future Canada.

Thursday, April 27, 6:45 pm
"THE SUM OF US" - 1994

This movie is an Australian comedy about a father and his gay son.

Wednesday, May 3, 7:00 pm
"STRAWBERRY AND CHOCOLATE" - 1994

This movie is a Cuban comedy about 2 men: one gay, one straight - they mix like oil and water.

Wednesday, May 17, 7:00 pm
"ECLIPSE" - 1994

This drama focuses on the nature of love, desire, loneliness, friendship and sexuality (whew)!

CONTACT : Bill - 435 - 7477

COST : $5/members; $7/non-members

RATING : Two thumbs up!

EVM PRESENTS ALBERTA SINGS OUT

Saturday, April 29, 8:00 pm
Sunday, April 30, 11:30 am

Edmonton Vocal Minority invites you to a concert and Brunch with *Bridge City Chorus, Saskatoon, Rocky Mountain Singers, Calgary Unitus, Edmonton*

THEATRE / MUSIC

Concert
Saturday, April 29, 8:00 pm
Convocation Hall, U of A
Sign Language Interpreter

Brunch
Sunday, April 30, 11:30 am
Inn on & 7 th, 10001 - 107 Street
(Brunch tickets must be purchased by April 28)

CONTACT : David - 454 - 6914

COST:
Concert
$8 - Low income
$10 - Regular
$12 - At the door (All tickets)
Brunch $12

Tickets available at
Athena - Eaton Centre
Bagel Tree - 10354 Whyte Ave.
Front Page - 10846 Jasper Ave.
Orlando Books - 10640 Whyte Ave.

RATING : All levels

EVM PRESENTS VOICES OF PRIDE

Saturday, June 24, 8:00 pm

An official Pride Week Event, this concert at Convocation Hall promises to be empowering and meaningful! Watch for upcoming details including ticket prices.

CONTACT : David - 454 - 6914

RATING : All levels

WALKING

This would be a great place for
YOU
to get involved!
(YES, YOU SWEETIE!)